

Bio:

Sarah Wild and Small has a deep interest in supporting and helping Indigenous Youth with their journey for self-expression, education and lifestyle. Sarah is a thought leader in areas that encourage youth to have a voice in their cultural community. As a Métis' woman Sarah has persuaded social media as a way of reaching out, creating positive messages involving a broad range of topics. She is pleased to represent the Urban Aboriginal Voices Society and their role in cultural communication. Sarah's message is very clear: "Be proud of your culture, learn as much as you can to go in a good way"

Contact:

403-597-7048

Online at:

Instagram @Sarahwildnsmall <https://www.instagram.com/sarahwildnsmall/>

Website. www.aboriginalvoices.ca/youth-4/

Services Offered:

- Mental Health Recourses
- Online indigenous Workshops
- Highlighting Youth in the Community
- Indigenous Teachings
- Connecting to Elders